

# **Meath Park Public School**

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Dear Parents and Guardians,

Saskatchewan Rivers School Division has distributed a plan to begin extracurricular activities within the division. As a result, Meath Park Public School is ready to begin offering extracurricular activities. We have decided to start with the sport of volleyball. We will be offering this to any student in grade 5-12. Attached to this email you will find a one page highlight of the division plan. A few items that have influenced what we are offering and how we are offering it are that students can only choose one sport at a time, cohorts must be maintained, and no interschool competition is allowed at this time. With that in mind here is what we see for phase one of extracurricular activity.

We will run all our cohorts as coed teams. Our cohorts will be grade 5, grade 6/7, grade 8/9, grade 10, and grade 11/12. These 5 cohorts will practice at different times. High school will go after school from around 3:20-5:00 and middle years will hold noon hour practices. All students and staff will be required to wear a mask. The equipment will be cleaned before and after each practice as well as participants will sanitize regularly throughout the practice. Phase one will involve skill acquisition while at the same time working on physical fitness. Coaches will do their best to create fun competitive practices that allow your child to gain skills, get in shape, and build social relationships outside of the classroom setting.

Once we get clearance to move to phase two we will begin to set up a league within Meath Park School that will have cohorts playing against other cohorts within the building. As phase three gets cleared will be sure to communicate the plan to begin competitions outside of Meath Park School.

We have provided all students with a waiver form. This is a division created form that each school has been asked to distribute to any families wishing to participate in extracurricular activities. Basically it is asking you to approve your child's participation given the current health risks we face from Covid-19. In order to participate your child must return this form to their coach.

If at any time you have any questions about extracurricular sport or sport guidelines please do not hesitate to contact the school. If you have specific questions for a coach, contact emails have been provided below.

### Coaches and Contacts

Grade 5 – Ms. Sachkowski – [dsachkowski@srsd119.ca](mailto:dsachkowski@srsd119.ca)

Grade 6/7 – Mrs. Court & Mr. Gray – [dcourt@srsd119.ca](mailto:dcourt@srsd119.ca) [mgray@srsd119.ca](mailto:mgray@srsd119.ca)

Grade 8/9 – Ms. Yakubchuk & Mr. Meschishnick – [cyakubchuk@srsd119.ca](mailto:cyakubchuk@srsd119.ca)  
[rmeschishnick@srsd119.ca](mailto:rmeschishnick@srsd119.ca)

Grade 10 – Ms. Henry & Ms. Zawislak – [khenry@srsd119.ca](mailto:khenry@srsd119.ca) [bzawislak@srsd119.ca](mailto:bzawislak@srsd119.ca)

Grade 11/12 – Mr. Noble – [nnoble@srsd119.ca](mailto:nnoble@srsd119.ca)

### Schedule for October 12<sup>th</sup> – 16<sup>th</sup>

Time	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct
11:40 - 12:20	No School	Grade 6/7	Grade 8/9	Grade 5	Grade 6/7
3:20 - 5:00	No School	Grade 10	Grade 11/12	Grade 10	None

### Schedule for October 19<sup>th</sup> – 23<sup>rd</sup>

Time	19-Oct	20-Oct	21-Oct	22-Oct	23-Oct
11:40 - 12:20	Grade 8/9	Grade 6/7	Grade 8/9	Grade 5	Grade 6/7
3:20 - 5:00	Grade 11/12	Grade 10	Grade 11/12	Grade 10	None

### Schedule for October 26<sup>th</sup> – 30<sup>th</sup>

Time	26-Oct	27-Oct	28-Oct	29-Oct	30-Oct
11:40 - 12:20	Grade 8/9	Grade 6/7	Grade 8/9	Grade 5	Grade 6/7
3:20 - 5:00	Grade 11/12	Grade 10	Grade 11/12	Grade 10	None

If your child has an after school practice please be sure to be at the school before 5:00. We are asking all parents to wait in the parking lot until your child comes out. We need to continue to limit the number of people in the school. If you need to get a hold of your child feel free to call them during practice.